

Choosing A Major (step 2)

<http://sophomoresegue.buffalo.edu/choosingmajor.html>

Your sophomore year is a critical time to refine your focus and engage in meaningful reflection to assess your academic skills and purpose for attending college. An initial step to understanding your interests and vocational opportunities should involve the resources of the [Office of Career Services](#).

After meeting with the Office of Career Services, you may be ready to structure a curricular program that will challenge your skills and abilities in your chosen area of interest. This process should be facilitated by consulting with an academic advisor from the [College of Arts and Sciences](#).

We have also created a [course planner](#) which will aid you in structuring your academic program.